

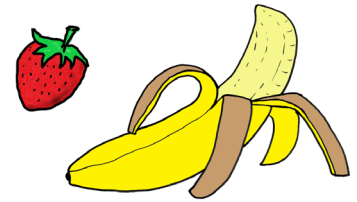


Sniff and Smell

Handout A74

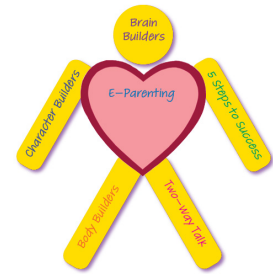
Other items I can use for this activity:

- _____
- _____
- _____



Which Daily Do I want to focus on practicing:

- _____



When will we do this activity:

- _____
- _____

Which skills or concepts I want my infant to learn:

- _____
- _____



How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Gather a variety of items with strong scents for your baby to smell, such as: **lemons, oranges, baked goods, flowers, etc.**
3. If you're able, get on your baby's level, and show them each item one-at-a-time. Sniff the object and encourage them to copy you.
4. Remember to use **E-Parenting** to label their feelings and support your infant. For instance, you might say something like: **The lemon smells sour. I think you're feeling annoyed with that smell. Let's smell the flower instead.**